Creating New Pathways

engageVR

Functional Neurological Disorder

Engage VR Rehab have several staff that are very experienced in the management of FND. Our aim is to help you stay as active as possible, lessen the side effects of the disorder and assist you through to recovery.

Why see ENGAGE VR

Our multidisciplinary team conducts a thorough assessment to really understand your goals and specific areas of need.

Our programs are tailored specifically to each individual, collaborating to create a structured plan to regain function and mobility, while managing pain and other symptoms. Programs are designed to be fun and practical, with an initial emphasis on natural movement patterns, pacing and calming strategies. We later introduce physically challenging activities to assist you to achieve your goals. As needed, our therapists will use a combination of active and passive strategies, and provide equipment recommendations.

The Physiotherapy team can assist with any physical concerns, joint aches, pains and strategies to assist with maintaining or improving mobility and flexibility. Specifically, we can provide neuroscience pain education, pacing schedules for fatigue management, muscular deactivation strategies and reintegrate normal movement patterns into your daily activity.

Our exercise physiolology team can assist with providing a suitable exercise program that manages fatigue, muscle weakness and improves your motivation to be active.

Our Occupational Therapy team can assist with equipment recommendations and strategies to enable you to complete your activities of daily living.

Tell me more about ENGAGE VR

Engage VR Rehab is a multidisciplinary health organisation that specialise in the management and rehabilitation of complex care conditions. We offer a range of evidence-based treatment modalities, typically provided in Allied Health. We also incorporate a range of technologies such as Virtual Reality (VR), Functional Electrical Stimulation (FES), Icaros Core, and Powerbreathe® to name a few.

FAQ

HOW DO I GET STARTED?

Call us today to book an initial assessment. Alternatively, you can book a meet and greet to meet our team and look around the clinic

DO I NEED A REFERRAL?

Most clients do not need a referral unless you are claiming through Lifetime Care and Support, Medicare (EPC) or Workers Compensation.

WHAT COSTS ARE INVOLVED?

Costs vary depending on how you fund your rehabilitation, however, we accept and are approved for NDIS, Aged Care, GP (EPC), Lifetime Care and Support, Workcover, DVA, Private Health Funds and Self-referrals.

Call us on 1300 364 243 | Unit 1/60 Griffiths Rd, Lambton NSW 2299