Creating New Pathways

engageVR

Vestibular Disorders

The vestibular system includes the parts of the inner ear and brain that process the sensory information involved with controlling balance and eye movements. If disease or injury damages these processing areas, disorders of dizziness or balance can result. Vestibular disorders can also result from, or be worsened by, genetic or environmental conditions, or occur for unknown reasons.

Why see ENGAGE VR

The diagnosis of a vestibular disorder relies on a combination of tests and careful examination and consideration of the history of the problem. A complete physical examination is essential to rule out other causes of dizziness, such as cardiovascular or central nervous system disorders.

Treatment for vestibular disorders can depend on the diagnosis however, the team at Engage VR Rehab have a range of equipment and expertise to provide you with the solutions that are specific to your needs.

Our Physiotherapy team can provide you with specitic vestibular rehabilitation therapy techniques and provide strategies to assist you managing in the community

Our Occupational Therapy team can assist with equipment recommendations, home modifications and guidance with activities of daily living.

Our Exercise Physiolology team can assist with tailoring a suitable lifetsyle change program that may incorporate some dietary advice, reducing stress and improving your exercise routine in a safe and effective manner.

Tell me more about ENGAGE VR

Engage VR Rehab is a multidisciplinary health organisation that specialise in the management and rehabilitation of complex care conditions. We offer a range of evidence-based treatment modalities, typically provided in Allied Health. We also incorporate a range of technologies such as Virtual Reality (VR), Functional Electrical Stimulation (FES), Icaros Core, and Powerbreathe® to name a few.

FAQ

HOW DO I GET STARTED?

Call us today to book an initial assessment. Alternatively, you can book a meet and greet to meet our team and look around the clinic

DO I NEED A REFERRAL?

Most clients do not need a referral unless you are claiming through Lifetime Care and Support, Medicare (EPC) or Workers Compensation.

WHAT COSTS ARE INVOLVED?

Costs vary depending on how you fund your rehabilitation, however, we accept and are approved for NDIS, Aged Care, GP (EPC), Lifetime Care and Support, Workcover, DVA, private health funds and self-referrals.

Call us on 1300 364 243 | Unit 1/60 Griffiths Rd, Lambton NSW 2299